

## BOOKLET ORDER FORM

Please complete the order form below and fax or mail to:

**Psychology Foundation of Canada**

2 St. Clair Avenue East, Suite 800, Toronto, Ontario M4T 2T5

Phone: 416.644.4944 Fax: 416.513.0348

www.psychologyfoundation.org info@psychologyfoundation.org

### ENGLISH BOOKLETS AND POSTERS

Quantity	Item	Price	Total
	Yes You Can! Positive Discipline Ideas for You and Your Child	\$1.00 each	Sorry, currently out of stock.
	Hands-On Dad: A Guide for New Fathers	\$1.00 each	
	Let's Play! A Child's Road to Learning	\$1.00 each	Sorry, currently out of stock.
	You and Your Preteen: Getting Ready for Independence	\$1.00 each	
	Focus on Self-Esteem: Nurturing Your School-Age Child	\$1.00 each	
	16" x 22" Poster Series - 6 per set (English)	\$10.00 each	

### FRENCH BOOKLETS AND POSTERS

Quantity	Item	Price	Total
	Oui, vous le pouvez! Des méthodes de discipline positive	\$1.00 each	
	Un père active: Guide pour le nouveau père	\$1.00 each	Sorry, currently out of stock.
	Apprendre, c'est un jeu d'enfant!	\$1.00 each	
	La preadolescence, votre enfant et vous	\$1.00 each	
	L'estime de soi: Le soutien émotionnel aux enfants d'âge scolaire	\$1.00 each	
	16" x 22" Poster Series - 6 per set (French)	\$10.00 each	

Sub-Total: \_\_\_\_\_

### POSTAGE AND HANDLING

Quantity	Item	Add	Total
1 - 5	PFL Booklets	\$3.00	
6 - 10	PFL Booklets	\$5.00	
11 - 100	PFL Booklets	\$10.00	
100+	PFL Booklets	10%	
200+	PFL Booklets	15%	
1 - 6	16" x 22" Poster Series Sets	\$10.00	

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# PARENTING FOR LIFE

A program of the Psychology Foundation of Canada

**Parenting for Life** is an award-winning, not-for-profit education program promoting positive parenting skills and the well-being of families. This unique initiative includes booklets and posters prepared by the writers and editors of *Today's Parent* in collaboration with psychologists at the Psychology Foundation of Canada and proudly supported by Kodak Canada Inc.

## **Yes, You Can! Positive Discipline Ideas for You and Your Child**

A 48-page, full-colour booklet designed to support families with young children (toddler to ten) in the challenging area of discipline. This booklet is filled with tips and examples parents can adapt to everyday life to help their children grow into healthy, responsible, caring adults.

## **Hands-on Dad: A Guide for New Fathers**

This 40-page reader-friendly booklet encourages new fathers to get involved with their baby during the critical postpartum period. The booklet helps dads understand and care for their newborn, support their partner after birth and enjoy their experience as a parent.

## **Let's Play! A Child's Road to Learning**

For parents of children aged two to eight, this 48-page, full-colour booklet explores the learning value of creative play and its role in children's development. This booklet provides simple and inexpensive ways for parents to enhance their children's play experience.

## **You and Your Preteen: Getting Ready for Independence**

This limited edition booklet provides insight on the difficulties of surviving puberty as the children grow into adulthood. More importantly, the booklet provides several strategies to help the child and parent on how to successfully nurture independence while encouraging a sense of self.

## **Focus on Self-Esteem: Nurturing Your School-Age Child**

This latest addition to our Parenting for Life series focuses on the roots of self-esteem and the fostering of positive communication skills between parents and children. The booklet explores how activities, friends and successes at school can help build a child's self-esteem.

## **The Parenting for Life Poster Series**

Six 16" x 22" full-colour posters presenting key messages from the Parenting for Life series of booklets.

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**Special offer!** Receive a set of six Parenting for Life posters with orders of 100 booklets or more.

Visit [www.psychologyfoundation.org](http://www.psychologyfoundation.org) to learn more about the programs offered by the Psychology Foundation of Canada.