



The Judy Hills Internship Award

About Judy Hills:

Judy Hills led *The Psychology Foundation of Canada* (now also known as *Strong Minds Strong Kids, Psychology Canada*) for over 12 years and retired in 2018. She started her career as a teacher and then moved to the charitable sector where her expertise in education met with her passion for community driven opportunities. Throughout her leadership with *The Psychology Foundation of Canada* (PFC), Judy was instrumental in leveraging the benefits of psychology to better Canadians and in particular children and youth through the development and delivery of many evidence-based programs and resources that are still around today. Programs such as *Parenting for Life, Kids Have Stress Too!* and *Stress Lessons* are a result of Judy's work with PFC expert volunteers. During her tenure, she also experienced first-hand the desire and dedication of many leading Psychologists throughout Canada to support and promote mental health. It is with this in mind that Judy wants to support future Psychologists and ensure that this devotion and commitment to the promotion of mental well-being remains at the forefront.

About the Judy Hills Internship Award

This opportunity is for an individual who is looking to make a difference with the mental well-being of children and youth by giving them the skills to manage the many adversities in life. This internship also provides a chance to work with a charitable organization that uses psychological science to help children build a solid foundation of mental health before problems or issues begin.

This funded internship is designed to help an individual engage in an organization whose mission is to nurture resilience in children and youth by developing and delivering psychology-based programs to communities across Canada. This is a remote internship opportunity with the flexibility to support an academic schedule. The internship is for a total of 100 hours over a term at a compensation of \$20 per hour. You will be paid on the 15th and 30th of the month.

Who is eligible

You must be at least a third-year undergraduate student, majoring in psychology. In addition, you must:

- Be enrolled in full-time studies
- Be legally able to work in Ontario
- Demonstrate academic excellence

When to apply

This unique internship runs during the fall and winter terms. Applicants are accepted in September for the Fall term and in January for the Winter term.

Strong Minds Strong Kids, Psychology Canada
From The Psychology Foundation of Canada
3219 Yonge St. Suite 228 Toronto ON, M4N 3S1
Tel: 416-644-4944 Email: info@strongmindsstrongkids.org
Charitable registration number 88921 2395 RR0001



How to apply

Submit a cover letter (maximum 2 pages) and resume to info@strongmindsstrongkids.org by September 20th (for Fall Term internship) and by January 24th (Winter Term internship) addressing the following:

- Why you are interested in this opportunity
- How this will help with your area of focus
- What you are hoping to accomplish or learn from this internship

The process

Select candidates will be contacted for an interview before a final decision is made.

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